THE POWER OF PLAY 1 of 1

## **QUESTIONS FOR PERSONAL REFLECTION & GROUP DISCUSSION**

1. How can you use the power of play to support children's development? List three key points from this tutorial that will impact your programming in the future.

- 2. Consider your space. Is there anything that you could change to encourage more opportunities for play and learning?
- 3. As a team, discuss the opportunities children have to practice problem-solving when they play. Is there an opportunity for improvement?
- 4. Reflect on how the parents in your CNC program feel about play.
  - a. Do the parents in your program understand the power of play?
  - b. What can you do to show/remind parents the skill development and learning opportunities that happen through play on a regular basis?
- 5. Reflect on how much of children's time is adult directed (in your program and at home), and whether they have enough free time for play.
- 6. Consider/discuss your daily CNC routine.
  - a. Count how many transitions you have in a day. Consider whether you could reduce the number and/or minimize the impact of transitions?
  - b. Think about 3 daily activities or events. How often do you direct play during each of those activities/events? Could you modify your approach so that less adult-direction is required?
  - c. Could improve your schedule and/or approach to increase the amount of uninterupted free-play time?
- 7. Do you allow children to take materials from different interest areas to use in their play? (ie: taking blocks and dinosaurs into the house centre)
  - a. Consider/discuss the benefits of this kind of flexibility
  - b. Consider/discuss some of the challenges it can present, and strategies for managing them (ie: clean up time and how to get children involved)
- 8. Consider the children in your CNC program, and the skills they are currently working on. What types of group or solitary play ideas might support their development in these areas?

