

“True
Belonging
Means Not
Fitting In”

Workbook



Welcome!

As a speaker, mentor, workshop facilitator, stepmom, Registered Early Childhood Educator, and post-secondary professor, I bring a wealth of experience to table. I hold a Master's in Education with a focus on leadership and curriculum design, and I have over 18 years of experience in education and mentorship. My goal is to empower individuals and organizations to build authentic connections, navigate difficult conversations with confidence, and foster impactful mentorship through transformative speaking, workshops and educational experiences. With speaking experience at local, provincial, and country wide conferences and having mentored more than 500 educators, I invite you to join me on a journey of lifelong learning together.

Kerry

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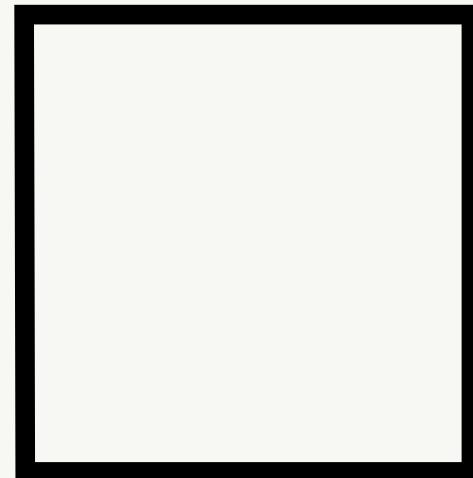
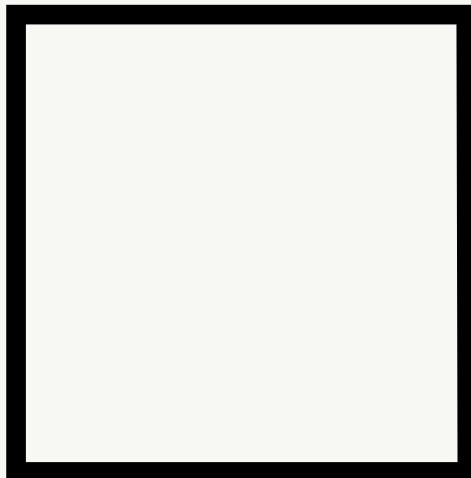
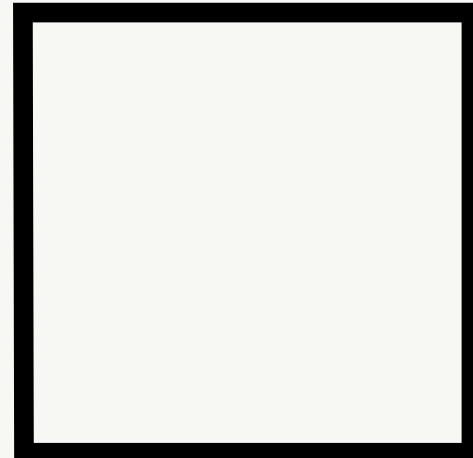
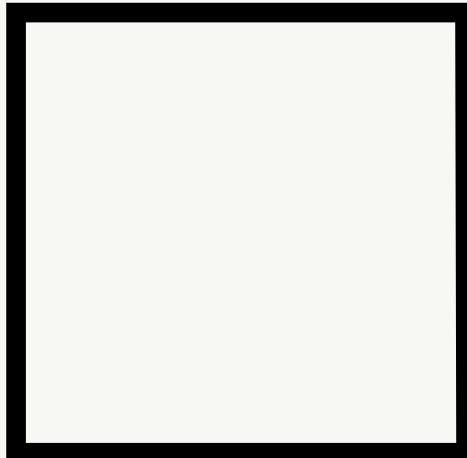
True Belonging: Introduction and Reflection

When have you felt you had to “fit in”

When have you felt like you truly belonged?

What was the difference?

True Belonging: Johari Window



What surprises you?

True Belonging: Applying Belonging in Practice

Where do you see “pressure” for people to fit in

Where do you see opportunities for true belonging?

What is something you could do differently to foster belonging?

Notes